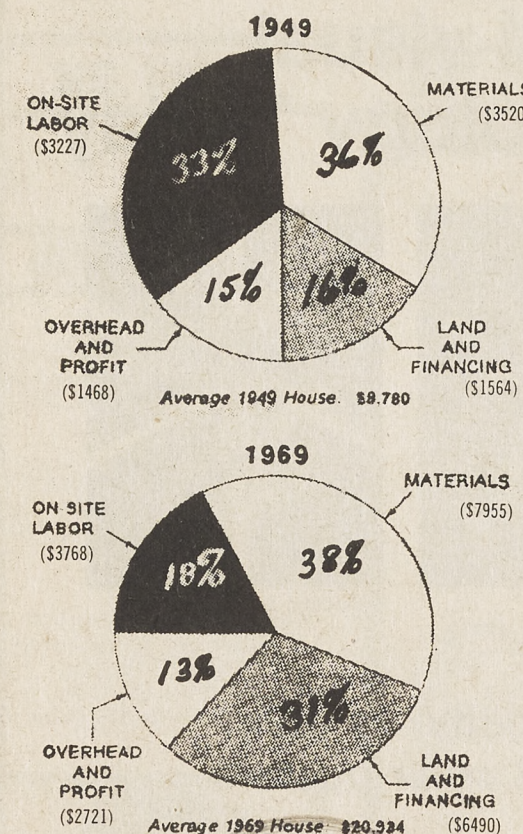


## LITTLE BIT ...on most anything

In its Jan. 22 issue, the Monterey Bay Labor News effectively put the money on the right back in the controversy over who's to blame for spiraling home construction costs. We compliment their enterprise, although the paper might have been a bit more thorough in its use of statistics.

### THE CHANGE IN HOUSING COST



As you can see by the accompanying pie graphs -- the dollar figures are ours -- on-site labor costs are definitely least to blame for the increase in the cost of homes from 1949 to 1969. Labor's percentage of the total cost fell almost 50 per cent, from 33 per cent to 18 per cent. But the total dollars for labor did increase, a fact not apparent unless you quickly figure 33 per cent of \$9,780 equals \$3,227 and 18 per cent of \$20,934 is \$3,768.

Now we admit that \$541 over 20 years isn't much of an increase when you consider that the cost of living index has risen more than 50 per cent during that period. Nor is there any doubt that labor took the smallest dollar increase in the categories.

\*

The case against the increase in land and financing costs in this graph is staggering. From 16 per cent of \$9,780 to 31 per cent of \$20,934 is a rise of \$5,000 to nearly \$6,500.

But nearly equally to blame is the cost of materials, which is deceptive because the percentage only increased by two points. But with the increase in the total cost of the home, that increase represented \$4,435 and boosted the dollar-share of the pie to \$7,955.

We suspect that the AFL-CIO research director, Nat Goldfinger, who compiled these figures, could have told us a bit more about this materials cost category. The key is the phrase 'on-site.' In 1949 that meant more work for a carpenter. In 1969 a greater percentage of window casings, door jams, fixtures, etc. were manufactured or pre-fabricated and came under materials costs. There is labor involved in these, whether it's on-site or not. That should be reflected.

\*

Nevertheless labor is getting a far thinner slice of the home-building pie today. Certainly it cannot be blamed for the spiral, as many builders are often heard: "Why, it costs me more than \$10 an hour for labor when I build a house these days."

That's not the full story, but at the same time, we must come to the builder's defense. For in this pie, the builder is the guy who has suffered most. He didn't take as much of percentage drop as on-site labor, but he must add to the cost -- of living rise such things as increased employee benefits that make up that \$10 an hour. His social security share in 1949 was half what it is today, not to mention unemployment compensation and all the other payroll taxes. He still can make money, but the capital he needs today compared with 20 years ago has just accelerated the small builder's demise, as it has most small businessmen.

\*

So what? Well it was a good excuse to get in a few new digs at urban renewal in a round-about sort of way. This graph shows pretty clearly that the Department of Housing and Urban Development (HUD) could do something about the cost of housing in Seaside if it really wanted to.

We have said many times that the longer DelMonte Heights and Hannon lost Hefallow, the harder they're going to be to sell, and the more they're going to cost. Every year UR pays a staff to sell land, the easier it is to get concurred -- in land-price increases from HUD.

And just think. If UR and the lending institutions would drop their slice of the pie back to their 1949 share, that \$20,934 average house would suddenly cost less than \$16,000.

And don't give us that argument that if UR and FHA dropped the land prices, it would ultimately mean higher taxes. To the contrary it could mean eliminating the need for a UR staff, it could mean more people in Seaside to help our tax base, it could mean land back on the tax rolls sooner -- and most important of all, it could mean lower cost housing for the people who really need it. That would be worth it. CML

## SHORT ON AGENDA, LONG ON BALLOT

City councilmen will make official Thursday 14 propositions they agreed place before voters in the April city elections.

The ordinance and resolution on the propositions and the notice of election are the only items on the agenda for the 8 p.m. meeting at city hall.

The propositions, originally proposed by Mayor Lou Haddad, were approved last Thursday with a minimum of debate, and two were added by Councilman Steve Ross. Each councilman expressed reservations about one or more of the measures but all agreed to their inclusion on the ballot.

The Vietnam war, lowering the voting age, changing the name of the city and where to build a new library drew most of the debate last week.

Haddad had sought the voting age question to read 19 but Ross, Oliver Murray and Bud Houser all preferred using age 18, so that's how the measure will read.

Houser and Ross nearly opposed placing the name-change question on the ballot. Each argued that even mention of it served to cast a pall on the city's good name. Each expressed pride in the progress of the city. The proposition will merely ask voters if the name of the city should be changed.

Ross sought to include the question: Should the library be located east of Fremont? but drew immediate opposition from Haddad, Emil Schmidt and Houser.

Those three had supported the location of a new library on city property next to city hall, but Thursday Haddad said it appeared even that would be impossible since there are no federal matching funds now available for library construction. He said the city has no funds to build one on its own.

Murray said he thought the money had been available with the increased funds from the annexation of Fort Ord. Haddad denied this.

A 3-2 vote (Murray and Ross favored the measure), defeated Ross's proposal and for a time it appeared the councilmen would let candidate's make the library an election issue on their own.

But in short order, the same voting lineup approved a question to read: Would you favor a property tax increase to support a new library east of Fremont?

Murray recalled discussion to the original Vietnam war proposition, which read:

Should the United States withdraw all troops from Vietnam immediately, regardless of consequences?

"How do you answer a question like that?" Murray asked. "What's immediately? I think the question is irrational."

All agreed on the substitute wording: Do you support President Nixon's present program for the withdrawal of troops from Vietnam?

Other propositions, all advisory in the form of straw polls to gauge public sentiment include:

Should Seaside merge into a regional form of government with cities of the Monterey Peninsula?

Should possession and use of marijuana be legalized?

Would you support a program of the Monte-

rey Peninsula Unified School District resulting in redistricting school boundaries and cross-busing students in order to maintain a better ethnic balance in our schools?

Do you support the Monterey Peninsula Unified School District's Family Life Program as it is currently taught in our schools?

Should the Monterey Peninsula Unified School District provide partial support to parochial schools if such schools could not continue in operation without such support?

Should a four-year college be established on the Monterey Peninsula?

Voters will also make the final decision on two issues. One will become law and the other will direct the council to take action.

The first will give voters a choice between the current four-year two-year term.

The second will ask whether voters approve of the city selling the old city hall, and also whether the city should exchange the city hall for the Pit, the shopping center on Broadway just west of Noche Buena.



### A FIRST FOR ROSS

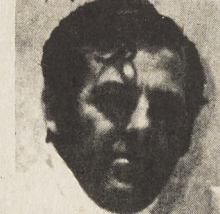
STEVE ROSS was the first of four candidates to take out nominating papers for the city's April elections. Others were Richard Hamilton, Henry Burney and Emil Schmidt. The filing period runs through noon Feb. 19. City Manager Milt Farrell's secretary, Fran Carpino, hands Ross his nominating instructions. Ross, who was also first to announce his candidacy, for mayor, last December, made public his platform, which included a dozen points: Push for more jobs, create more pride in the city by encouraging top city employees to live here, put any future redevelopment project to public vote and convert Laguna Grande into light industrial project, complete review of zoning laws, hire a full-time city attorney, more detailed study of recreational and library building plans, among others. John Perkins Photo.

## HAMILTON FILES FOR MAYOR

The Seaside mayor's race got its second official candidate last week, and the first to turn in his nominating papers.

Richard Hamilton, 45, 1163 Waring, vowed his campaign in 1970 would be different from four years ago when he withdrew in the late stages of the race for mayor. He received 16 votes, finishing last behind Lou Haddad, Jerry McGrath and Fred Mitchell. "A lot of people

think I'm not serious because some people talked me into withdrawing last time," he said. "I'm more confident this time, and I'm very serious about running."



"I'm really uneducated, but government doesn't have to be run by professional politicians. My platform will be what the people want, and after all, that is what they should get. I wouldn't be running if I didn't think I could do some good."

Hamilton, an artist who specializes in seascapes, emphasized he wasn't in the race for personal gain or publicity. "I'm absolutely not using this to sell paintings," he said.

Hamilton moved to Palm Springs after the 1966 election and spent about three years there, returning to Seaside in May of 1969. He says he has considered Seaside his home since first coming here in 1938, although he has lived many other places since.

## BOGGLING THE MIND

### Comment

And while we're on the Feds ... we shook our head in most disbelief when we figured our first payroll under the revised withholding schedule for 1970.

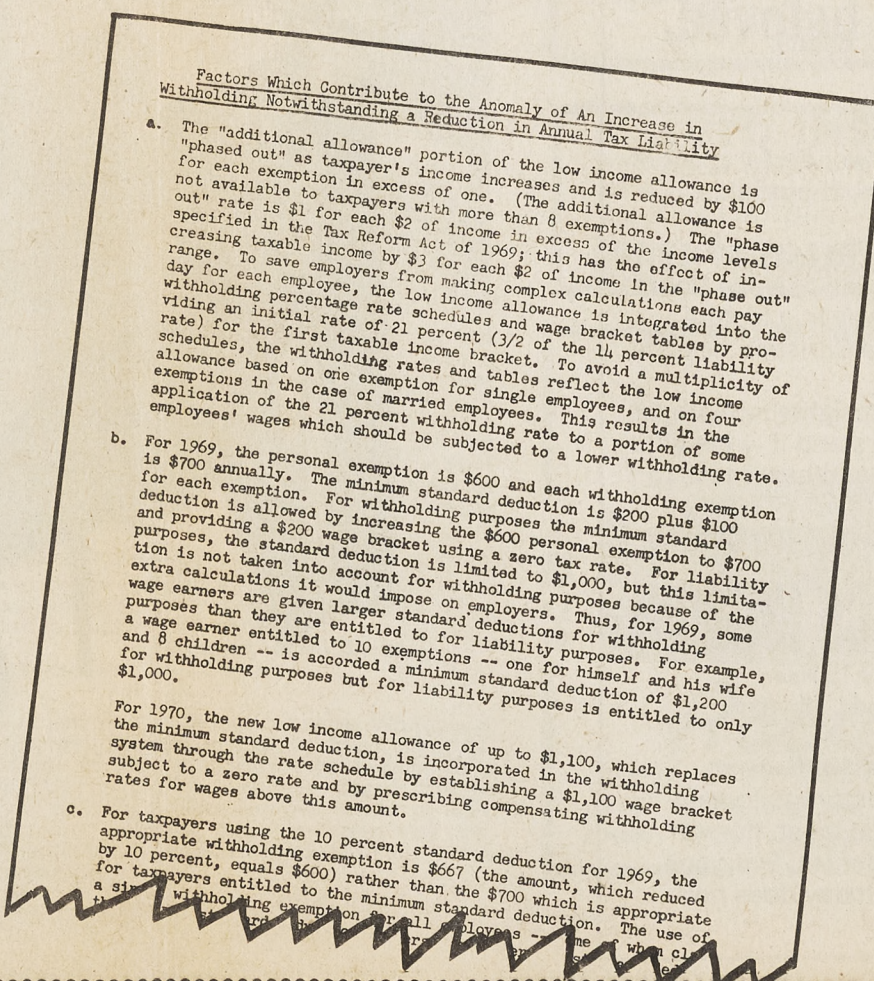
All of us were supposed to get a five per cent cutback in the income tax surcharge beginning Jan. 1. That would seem to mean that our paychecks should be a little bigger. Wrong.

This time, we were frustrated enough to get on the horn and jog the old IRS office in San Francisco. On the other end of the line we got a young fellow, who immediately knew what we were talking about -- apparently he had been jogged about it before.

What he had to say what that apparently the IRS made a mistake last year. But in a flip sort of way, this young man made it clear that the difference for a man with a family of 10 would only be a pack of cigarettes a day or so. Well, when he thought about that, he quickly added "or a bottle of milk for those eight kids."

Anyway after apologizing for being "cavalier" about it all, he said he would send us the directive he got from his superiors about the whole business. When we got it we had a little more empathy for the young man, but not enough to un-frustrate us. Our typesetter took one look at the directive and refused to set it so we have photographed it and we ask your indulgence to read it.

As they say, it boggles the mind. And if anyone can explain it to us, feel free. CML



# News-Sentinel

wed 2/4/70 seaside ca 93955 10c

## PLANNERS TO BE BUSY

Seaside planning commissioners face their longest agenda in several months Wednesday at 8 p.m. at city hall.

Nine applicants will be seeking everything from an outdoor sale permit to a new subdivision map.

The outdoor sales permit is being sought by Ed Battle for his furniture and appliance store at 656 Broadway. Battle has been fighting the city over whether he should be permitted to unload merchandise from trucks on Broadway instead of in the alley. He was cited for violation of a city ordinance on obstructing the sidewalk last year, and fought it. He is now seeking a permit to conduct periodic sales in the vacant lot next to his store.

Adeline DiLorenzo, Seaside realtor, will ask the planners to draw a subdivision map for several large parcels west of Mescal and south of Hilby.

Mrs. DiLorenzo also will seek a use/variance permit for two triplexes at 1520 Kimball. This is in the area where several homeowners attempted unsuccessfully to have the zone changed from R-2 to R-1 last month. A triplex is permitted in the R-2 zone with a use permit.

Other applicants include:

Fred Hoffman at London Fish 'n' Chips at 1772B Fremont for a permit to sell wine and beer in the restaurant (change in ownership.)

James Heisinger for a permit to build a restaurant at 1893 Fremont, location of Peninsula Motor Lodge.

Norbert Grocholski of Gateway Motors for a permit to sell used cars and motorcycles and operate a garage at 2033 Del Monte.

Brice Newberger for a permit to allow a coffee shop, book store and newstand at 1540 Del Monte, the bus depot.

Standard Oil Co. for a permit to build a service station at the corner of Fremont and Broadway, removing and expanding the Standard station already there.

Lawrence Gahagan of KOCN, a Pacific Grove FM radio station, for a permit to build its transmitting tower next to the water towers at the highest point in Seaside.



Emil Schmidt

## SCHMIDT OFFICIALLY IN RACE

The veteran of Seaside city government filed his nominating papers for re-election to his council seat in April.

Emil Schmidt, 63, the current mayor pro tem, will be seeking his second full term. He has served in city posts for more than a dozen years.

The owner of Trailer Terrace, 1206 La-Salle, started on the planning commission in 1957 and held that job for some five years; for two years of that time he was also a member of the Seaside Redevelopment Agency.

In 1964 Schmidt was appointed to fill a council seat vacancy and successfully retained that seat in 1966, running second to Bud Houser. Schmidt had 1,052 votes and Houser 1,400. Third place on the ballot was Mrs. Pearl Carey with 960 and fourth was Sherman Smith with 931.

Schmidt had sought the council seat first in 1964 but ran fifth in the same election that saw Steve Ross and Lou Haddad elected to the council for the first time. In that race Fred Mitchell and Sarge Cunningham, both incumbents, were defeated, running third and fourth respectively.

Schmidt also serves as chairman of the board of architectural review and as chairman of the tree committee, the latter of which he was instrumental in forming.

Known as the promulgator of the eucalyptus tree because it is ideally suited for this climate, Schmidt has campaigned in past years on a pledge to see 20,000 trees in Seaside. He estimates more than 3,000 have been planted in his dozen years in city government.

Schmidt is also the first president of the Monterey Peninsula chapter of the Men's Garden Club of America. He has served on the area planning commission.

He and his wife, Evelyn, and their daughter, Emlyn, came to Seaside 16 years ago to operate the trailer park. Before that Schmidt had been a professional acrobat, and as he puts it, "toured the boards and played the Palace," in about 1950.

He was graduated from Piedmont High School in the Bay area and attended the University of California at Berkeley for two years. He has two years of planning courses at Monterey Peninsula College.

Schmidt says he's seeking re-election to continued the present course of city government. He has supported redevelopment and generally is a fundamentalist in planning matters.

"Our program is the one we said we'd follow from the beginning, and basically by staying silent, the 'silent majority' has said it's the proper course. We'd just like to finish off what we've started," he said.



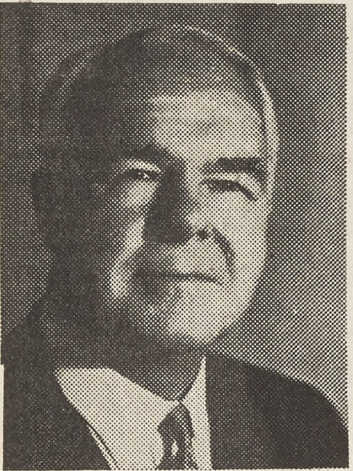
Class In Local Government

The community counseling office, Monterey Peninsula Unified School District, division of community education, adult school plans a pilot class in the functions of local government. The course will run about 10 weeks. It will meet twice a week in the evenings at Seaside High School, each session lasting two hours. The specific hours

will be set later. Credit will be given toward high school units if a fee of \$3.00 is paid. There is no charge to those who do not want credit, but want to learn about local government. For additional information about registration call the community counseling office, Mrs. Marion Woodie, community counselor, 394-6831.

Aging Meet Set

The problems and requirements of the aging will be discussed at a program to be held at Monterey Peninsula College Friday at 7:30 p.m. in Lecture Forum 103. In inviting the public to attend the free meeting, Dr. Keith Mer-



Geith A. Plimmer  
Christian Science Lecturer

THE HEALING power of Divine love will be brought out in a free public lecture on Christian Science to be given in Monterey by Geith A. Plimmer, C.S. of London. Plimmer, a member of the Christian Science Board of Lectureship, will speak under the auspices of First Church of Christ, 426 Alvarado, at 12:15 p.m. on Thursday, Feb. 12.

National Contest Entry

Cary Colwell, a Seaside High senior, has been selected as a top candidate in a nationwide science contest. The 17-year-old Marina youth was notified that he is in the honors group for the 29th Annual Science Talent Search sponsored by the Westinghouse Educational Foundation. Out of this honors group the 40 top projects will be picked to share \$67,500 in scholarships. Colwell's project, entitled "Effects of Concentration and Flow of Salt Solution on Streaming Potential," deals with desalination characteristics of an inert membrane plug. In 1968 he took a first place in the Tri-County Science Fair, winning a second place last year. Both years his projects were entered in the International Science Fair. He is the son of Mr. and Mrs. Ronald Colwell of 491 Jean Circle, Marina.

Set Youth Concert

The sixteenth annual Monterey Symphony youth concerts will be held Saturday at 11 a.m. in the multi-purpose gymnasium of Monterey Peninsula College. Appearing as a soloist with the symphony will be Ruth Mirikitani, a Seaside High School student from Marina. Ruth earned the honor of performing with the symphony when she was selected first place winner at the young artists auditions held last November.

Marking Beethoven's 200th anniversary, the first part of the concert will be his Piano Concerto #2, Opus 19 in BF Flat Major. The program will conclude with the famous musical tale, "Peter and the Wolf" by Serge Prokofiev.

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Vol. 23, No. 5

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CONNIE JO PFISTER decorates sampling of fabrics on display Wednesday and Thursday at the International Yardage Fair show at the San Carlos Hotel. Admission is free to the affair, which runs from 10 a.m. to 10 p.m.

ELECTRICITY CONSUMPTION UP

Consumption of electricity, often regarded as a barometer of economic vigor, has increased 77 per cent since 1960 for residential customers of Pacific Gas and Electric Company in Northern and Central California. The average residential electric use per customer was 5573 kilowatt-hours per year at the close of 1969, according to PG&E, compared with the 1959 figure of 3154 kwh. In 1949 the average residential customer use was only 1864 kwh, the company said.

LAW IN ACTION

WORK AND PLAY

During the summers a ranch which trained horses and jockeys hired Joe, 16, who lived with other apprentice jockeys in a dorm. Horsing around one Sunday, the boys were throwing pillows and other things at each other. One of them hit another boy with a pop bottle. Suspecting Joe, the victim chased him and pushed him through a glass door.

Badly hurt, Joe claimed workmen's compensation. His employer said the injury had nothing at all to do with Joe's work, and that he therefore had no liability.

However, the court decided that the employer did, since he required Joe to live in the dorm as part of his work. Besides, the owner, knowing that boys often "horsed around," did nothing to stop them.

Workmen's compensation is no help, though, to a worker who gets hurt in a fight or "altercation" where he is the aggressor. But as a rule, the law seldom regards youngsters' pranks such as those of Joe and his friends as an "altercation."

Injuries resulting from an athletic contest are compensable only if they are incidental and occur during a recreational

period as a regular part of work. But the employer, who neither requires nor encourages such use of his facilities, is not liable for workmen's compensation. Take the company's annual Sunday picnic where a worker can go or not, as he likes. It is not held on the employer's premises; he offers no transportation. But his personnel department organizes and invites all the workers to the picnic. Now if one worker gets hurt, say, in a foot race, he would not, as a rule, have any claim for workmen's compensation. Still, the law expects employers to know what their people do during working hours. In one case workers in a hot area often took a quick swim in a nearby ditch during their "break." One worker drowned and his widow put in a claim. The commission ordered her paid. The company



should have known of the practice and taken care of the hazards.

Note: California lawyers offer this column so you may know about our laws.

More than 40 per cent of all traffic fatalities in 1968-18,700 - occurred in accidents attributed to speeding. More than 90 per cent of all traffic casualties were in accidents involving known driver violations.

Fire losses in the United States in 1968 reached a record \$1,829,922,000. However, due to fire prevention efforts, the ratio of losses to the value of property subject to fire has declined steadily for many years.

Author To Speak

Claude Brown, author of "Man-child in the Promised Land," a 1965 book which is now required reading in many high school and college social studies courses, will appear at Monterey Peninsula College Sunday as the leadoff speaker in MPC's Spring, 1970 lecture series.

The lecture, scheduled for 3 p.m. in the college gymnasium, will be co-sponsored by MPC and the local branch of the NAACP.

Admission is by free ticket, available on request at the college community services office afternoons.

Accidents of various kinds injured 13.4 million persons in the United States in 1968. The economic loss, including that from highway accidents and fires, was estimated at a record \$25.98 billion.

Burglars struck American homes or businesses on the average of once every 17 seconds in 1968, reaping nearly \$1.5 million in loot every day. Small businesses are the targets in more than half of all burglaries.

Learn to help your family through prayer.

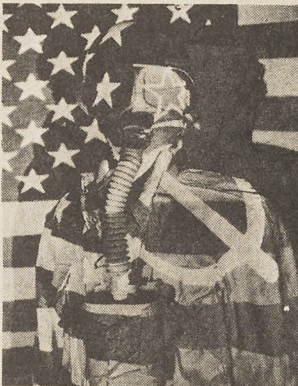
Come to this Christian Science Lecture

Tuesday, Feb. 17, 1970 at 12:15 in  
Sunset Auditorium Carmel

The most powerful visual statements from Psychology Today



1 Authentic Self



2 Face of the Enemy



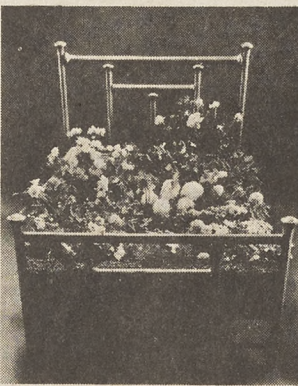
3 Cocktail Chatter



4 Autistic Child



5 Mother and Child



6 Human Sexuality



7 Girl in the Attic



8 White Man's World



9 Trip

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Get rid of your hang-ups.



Get a dryer.

Wet wash is a hang-up. In more ways than one. It's no fun to pin and unpin 10,000 clothespins a year. It's no fun to tote a couple of thousand

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# The PEDDLER

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February 4, 1970

Vol. 1 - No. 39

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FRENCH Provincial double bed, complete, \$75. Male poodle puppy, \$25. 242-4908.

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TV RENTALS, new sets \$12.50 per month. Seaside TV, 1269 Fremont, Seaside.

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CARLOAD COLOR TV SALE many models, portables from \$188.00, consoles from \$279.00, combinations from \$588.00, B & W portables \$69.00. Easy terms, military welcome. Seaside TV, 1269 Fremont, Seaside. Open nights til 9 p.m.

CONSOLE PIANO to be picked up and sold in this area. Will sacrifice to responsible party. Cash or terms. Also ELE, ORCAN, phone 206-Ch3-9270 or write Piano Organ Acceptance Corp., 427 SW 153rd, Burien, Washington, 98166.

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WE OFFER hope to people with a drinking problem, Beacon House, 468 Pine, Pacific Grove, 372-2334 or 372-9754. TF.

EXPERT SEWING machine repairs, all makes, Seaside TV, 1269 Fremont, Seaside. Open nights til 9 p.m.

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TWO secretarial positions, typing and shorthand required. Salary \$498 - \$604. Applications obtainable Seaside City Hall, 440 Harcourt Ave., Seaside. Equal Opportunity Employer.

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### REAL ESTATE

UNBELIEVABLE value in over 1600 sq.ft. in new home in Del Monte Heights, 3 bedrooms, 2 baths, family room. Asking only \$26,000. DiLorenzo Realty, call 394-3311 anytime.

NEW HOMES in Del Monte Heights. Open for inspection Sundays 1-5: 4 Monserrat Ct., 1672 Mescal, 5 Mansell Ct., 1149 Mescal, 1644 Mingo, 1640 Mingo, 1555 Mescal. DiLorenzo Realty, call anytime 394-3311.

LARGE 2 bedroom home between the highways. Immaculate

LARGE 2 bedroom home between the highways. Immaculate, double garage, wall-to-wall carpeting, easy terms. Challis Real Estate, 373-3688.

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ASSUME PAYMENTS on existing GI loan, two bedroom, large lot in good Seaside location. Low down payment. Challis Real Estate, 373-3688.

THREE bedroom, immediate occupancy, GI appraised at \$16,000. FHA terms may also be used. DiLorenzo Realty, call 394-3311 anytime.

IN ORD TERRACE, new listing, 3 bedroom, fantastic ocean views, large rear yard, asking only \$23,000. Call for appointment. Occupancy by March 1. DiLorenzo Realty, call 394-3311 anytime.



With the bulk of the family laundry accumulating in the bed-bath area, Mom can save time and energy by having a laundry wall in the bedroom. This bed-bath area was designed by Karl Steinhäuser, A.I.D., N.S.I.D., in cooperation with Maytag for the 1970 Restonic Living/Bedrooms.

## Plan Efficient Laundry

To quote an old adage, "Times have changed!" And, when it comes to doing the family laundry, women are thoroughly enjoying the changes.

The fact that today's easy-care garments and home furnishings have eliminated much of the work in doing the laundry, however, is no reason to continue to relegate the laundry appliances to the basement.

Along with the changing times have come more and more outside demands on a mother's time. So, it makes sense to locate the washer and dryer in a spot that requires the least amount of traipsing back and forth.

A most practical location, according to the Maytag Consumer Information Center, is the bedroom-bath area. Being near the source of soiled clothing and bed and bath linens enables Mom to complete her laundering chores in short order.

A bedroom-bath laundry also makes sense because storage space is close at

hand and many of today's garments and home furnishings come from the dryer ready for immediate reuse.

With this in mind, Karl Steinhäuser, A.I.D., N.S.I.D., in cooperation with Maytag, designed a handsome, as well as efficient, laundry for the 1970 Restonic Living/Bedrooms exhibit at The American Furniture Mart in Chicago.

One wall of the bedroom contains all the elements needed for a laundry, plus closets for clothing and linens for the bedroom and adjoining bath.

Minimum requirements for an efficient laundry center include: washer and dryer with features built-in that provide optimum conditions for permanent press; hampers for storage of soiled articles; storage space for laundering aids, and both folding space and hanging facilities for freshly dried items.

When not in use, the laundry can be closed off with attractive folding doors, French-inspired, to blend with the room decor.

### Try Sausage-Potato Crown Roast



Family dinners can be easy on the purse, yet attractive and delicious as well. Sausage-Potato Crown Roast is just such a main dish. You'll want to serve it often because no one will ever guess you're pinching pennies.

Sausage-Potato Crown Roast can be made in a hurry. A busy homemaker or career girl can dash into the market on the way home, pick up a package of knackwurst or franks and instant potatoes, and the casserole can be in and out of the oven in about 35 minutes. Serve with a crisp vegetable salad, beverage and winter fruit and cookies.

Sausage-Potato Crown Roast  
1 package (12 ounce) knackwurst, mettwurst, wieners, franks or smoked sausage links  
1/4 cup finely chopped green or Bermuda onion  
3 1/2 to 4 cups hot mashed potatoes (instant or mashed)  
1/2 cup shredded Cheddar cheese

Cut sausage links in half lengthwise and crosswise. Whip onion into hot mashed potatoes (cooked instant or fresh mashed). Spoon a small amount of potato mixture over bottom of a buttered 9-inch pie plate or shallow casserole. Stand sausage pieces upright on cut end, cut surface towards center of dish. Fill center with remaining potatoes. Sprinkle cheese over top. Heat to serving temperature in moderate oven (375°F.) about 25 minutes. Yield: 4 servings.

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## ...the grist of politics

Jess Unruh brought his hustings in the 1970 gubernatorial race to Monterey Sunday, and drew some 50 Democratic party "activists" to marshal his campaign on the Peninsula.

The assemblyman from Inglewood, admitting Gov. Ronald Reagan retains broad-based support throughout the state, said he was pleased at a recent poll showing that he had pulled to within five percentage points of Reagan, but he assessed the poll as somewhat more optimistic than he himself was. Unruh said he didn't think Mayor Sam Yorty of Los Angeles would oppose him in the Democratic gubernatorial primary.

Three Seaside Democratic leaders were named to a core committee of seven for the Monterey Peninsula to be combined with a similar core group from Salinas and valley.

Seaside City Councilman Oliver Murray, Monterey Peninsula College trustee Sherman Smith and Conrad Olsen, co-owner of Del Rey Supply of Seaside, were named to the core committee along with Charles Page of Monterey, Morgan Flagg of Pacific Grove, Maureen Davis of Pebble Beach and Frances Bowen of Carmel. Olsen lives in Carmel Valley.

## NEGLIGENT OR NOT— LAWSUITS CAN BE EXPENSIVE

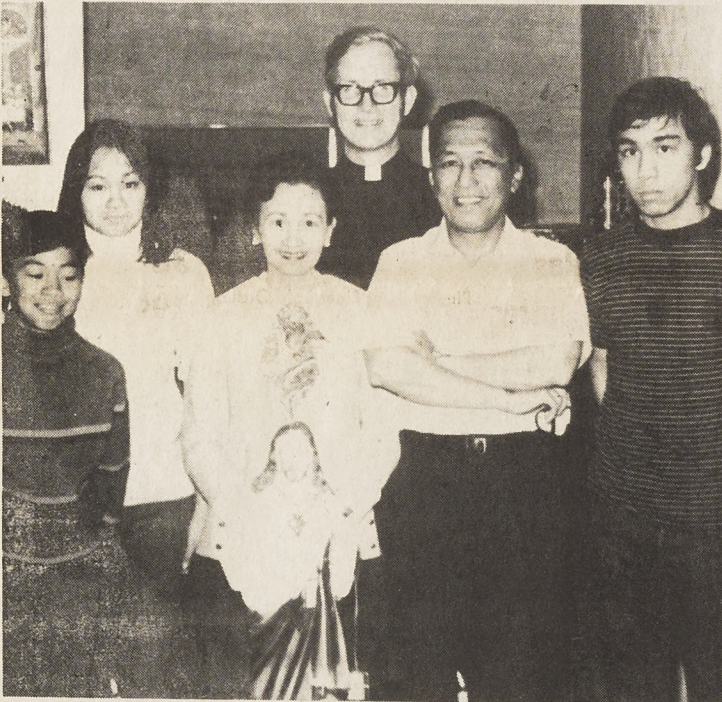


Sky-high damage claims and personal liability judgments ranging as high as \$5 million appear more and more frequently in the headlines—and they are being brought against moderate-income people as well as the wealthy.

If, for example, your recreation room is frequently full of active youngsters, or if you transport your entire little league team in your station wagon, the possibilities of your being hit with a \$500,000 damage suit are not remote. Worse yet, negligent or not, it can be financially crippling just to defend yourself.

**Question:** Who needs a million dollar liability policy?  
**Answer:** These liability policies are needed by professional people such as doctors, lawyers and dentists and, in fact, by anyone who owns property, investments, or has even a moderate income.

**Question:** Exactly what kind of coverage does one get under an umbrella liability policy?  
**Answer:** The term "umbrella" is used to show that the policy spreads out to cover underlying policies. It comes into use when you are involved in a claim which exceeds the limits you carry on your automobile, homeowners, or other primary liability policies.



### HOUSE WARMING

THE GUILLERMO PANGANIBAN family held a house warming and a sendoff for the head of the clan Sunday at their new home at 1606 Mescal in Del Monte Heights. Ceremonies included the Enthronement of the Sacred Heart of Jesus, conducted by Fr. Charles Moore of St. Francis Xavier Church in Seaside. Panganiban left Monday for Germany where he will spend the final year of his 30-year tour of duty in the U.S. Army. Panganiban and his wife, Aurora, have seven children. A houseful of guests for the occasion were dined by Mrs. Melvin Fortez, who prepared all the food. From left in photo are Paul, Debbie, Mrs. Panganiban, Fr. Moore, Panganiban and Bobbie. John Perkins Photo.

### Boy Scout Week

Boy Scout Week will be observed Feb. 7-13, and will mark the sixtieth anniversary of the nation's largest youth organization.

More than 8,100 Cub Scouts, Boy Scouts, Explorers and 2,640 adult leaders in the Monterey Bay area council, will join their more than 5 million fellow scouts in the country in celebrating scouting's diamond jubilee.

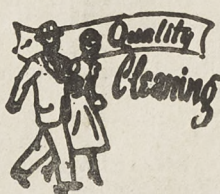
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### PARADE

THE WELLS Fargo stagecoach, the Ben Holladay, will be part of the Carnes Tolendas FParade, beginning at 12:30 on Sunday in Monterey. The parade starts at the Plaza at the foot of Alvarado Street, and proceeds through the city to the Monterey County Fairgrounds.



## Doctor in the Kitchen®

by Laurence M. Hursh, M.D.  
Consultant, National Dairy Council

### EXERCISE AND WEIGHT CONTROL

Today I'd like to clear up two misunderstandings about exercise and weight control. Some people feel a great deal of time and effort is necessary to "use up enough calories" to take off pounds or keep your weight from increasing.

The other misbelief is that exercise will increase your appetite enough to increase, not decrease, your weight.

Neither of these assumptions is true.

For example, it's been estimated that a woman would need to eat only 96 calories a day more than she needs for energy to gain 50 pounds from the time of her third child five years later. But if she had added only 25 minutes of brisk walking to her daily activities, she would not have gained weight.

#### Adult Man

An average adult man will burn up from 2,400 to 4,500 calories per day depending upon how much he exercises. When I was with the army we knew that soldiers in the field could use up 6,000 calories a day. Laborers and athletes are in this class, too.

So it all depends on how active you are whether you will gain weight because of what you eat. Or, to put it another way, you can enjoy more food if you will just get up and get active instead

of sitting around.

You can lose ten pounds in the next year if you will just add to your present activity a one mile walk each day, providing, of course, you keep your food intake and other physical activity the same.

As for exercise increasing your appetite a lean person in good condition may eat more after activity but the exercise probably will burn up the extra calories he consumes. But the obese person, the really fat person, will probably not increase his appetite unless he really exercises to excess. Such people can definitely lose weight by increasing exercise. A half hour of jogging uses up 450 calories. Here are some typical calorie expenditures for a 150 pound person in various activities:

ACTIVITY	CALORIES PER HOUR
Driving an auto	120
Domestic work	180
Gardening	220
Bicycling (5 1/2 mph)	210
Walking (2 1/2 mph)	210
Golf	250
Lawn mowing (power)	250
Lawn mowing (hand)	270
Bowling	270
Square dancing	350
Table tennis	360
Skiing (10 mph)	600
Running (10 mph)	900

## League To Study Pollution

Local environment will be the subject of the three meetings of the League of Women Voters of the Monterey Peninsula.

The first meeting will be Feb. 10, at 11:45 a.m. at the Casa Estrada. Members are asked to bring a sack lunch; coffee will be provided. Wednesday's meeting will be at 9:30 a.m. at the Pacific Grove Community Center. The last meeting will be Feb. 13 at 9:30 a.m. in the west parlor of Carmel Valley Manor.

Questions relating to policy and planning regarding pesticide control and water quality in Monterey County will be discussed by league members. This will be a follow-up to January's luncheon meeting. Members may attend at the time and place most convenient to them.

Civil disorders and riots in 1968 hit 361 cities in 37 states, and the District of Columbia. The upheavals, chiefly occurring in early April following the assassination of Dr. Martin Luther King, Jr., caused more than \$79 million in insured losses. The hardest-hit city was Washington, D.C., where losses totaled some \$24 million.

## Set Blood Drive

A special Red Cross Bloodmobile campaign, sponsored by American Legion Post 591, will be held Feb. 12, from 2:30 to 6 p.m. at the legion hall, 1418 Del Monte Boulevard.

In keeping with President Nixon's January appeal for the support of bloodmobiles throughout the nation following depletion of supplies from holiday usage, the Seaside American Legion Post has named February as Blood Bank Month.

"All of our members, as well as residents of the entire Monterey Peninsula, are urged to support this campaign so that we may help ease the deficiency of blood now being felt by all hospitals in our area," said Leo Wojcikowski of the American Legion. The Red Cross has asked us to direct our appeal to the youth of the Peninsula, who may not know that they can now give from age 18, and we are hoping they will respond to the need."

### CANDY SUPPLY ROUTE

Man or woman needed to restock new type coin dispensers with high quality candy products.

WE ARE LOOKING FOR THE INDIVIDUAL WHO WILL WORK THIS BUSINESS LIKE IT WAS MEANT TO BE — ONE WHO WOULD LIKE TO BECOME FINANCIALLY INDEPENDENT — A PERSON ASPIRING TO VERY HIGH MONTHLY EARNINGS. ONE WHO WOULD LIKE TO BE IN BUSINESS FOR HIMSELF, AND HAVE THE OPPORTUNITY OF BEING HIS OWN BOSS!

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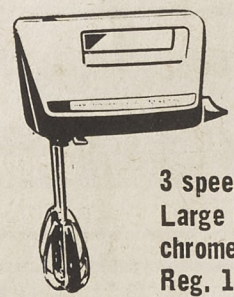


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**Whole Fryers**  
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Tom Turkeys Manor House, U.S.D.A. Grade A—Lb. 38¢  
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Lamb Shoulder Roast New Zealand, Frozen—Lb. 49¢  
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**LOW EVERYDAY PRICES**  
Fresh Pork Picnics Whole or Half—Lb. 58¢  
Beef Liver Uniform Slices—Lb. 77¢  
Corn Tortillas Red—14-oz. Package 23¢  
Corned Beef Brisket Boneless, Mild Cure—Lb. 88¢  
Canned Ham Dubuque—5-lb. Tin—Each \$5.59

**LOW EVERYDAY PRICES**  
Oscar Mayer Franks 1-lb. Package 79¢  
Sliced Bacon Safeway—1-lb. Package 86¢  
Greenland Turbot Select Fillets—Lb. 83¢  
Pre-Cooked Sole Fillets Captain's Choice—Lb. 87¢  
Pre-Cooked Scallops Captain's Choice—Lb. \$1.66

**Slab Bacon**  
(Sliced—Lb. 81¢)  
Smoked Whole or Piece—Lb. **66¢**

**Smoked Hams**  
Whole or Half  
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**T-Bone Steaks**  
or PORTERHOUSE  
U.S.D.A. Choice Beef—Lb. **\$1.39**

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Regular Ground  
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Heinz Ketchup Regular or Hot—14-oz. 25¢  
Niblets Corn Green Giant, Whole Kernel Vacuum Pack—12-oz. 22¢  
Crisco Shortening 3-lb. Can 89¢  
New Style Peas Green Giant—17-oz. 26¢  
Margarine Borden's Danish—1-lb. 34¢  
Peanut Oil Planters—24-oz. 57¢  
Spaghetti Golden Grain, Long—2-lb. 49¢  
Spaghetti Sauce Schilling Mix—1 1/2-oz. 24¢  
Layer Cakes Duncan Hines Mixes, 8 Varieties Package 34¢  
Angel Food Mix Duncan Hines—14 1/2-oz. 59¢  
Scooter Pies Burry, 3 Varieties—14-oz. 39¢  
Raisin Bread Stylark—1-lb. Loaf 31¢  
Ovenjoy Bread 1 1/2-lb. Loaf 31¢

**DISCOUNT PRICES**  
**HUNT'S TOMATORAMA**  
Peeled Tomatoes Solid Pack—14 1/2-oz. (28-oz. 27¢) 19¢  
Tomato Sauce (With Tomato Bits—8-oz. 13¢) 10¢  
Tomato Sauce With Cheese—8-oz. 14¢  
Italian Style Peeled Tomatoes—28-oz. 30¢  
Tomato Paste 6-oz. 16¢  
Tomato Juice 32-oz. 25¢  
Tomato Catsup 14-oz. 21¢

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Tea Bags Tenderleaf, 8c Off—48 Bags 49¢

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**SW FINE FOODS**  
Kidney Beans (27-oz. 29¢)—15 1/4-oz. 19¢  
Garbanzo Beans 15 1/2-oz. 19¢  
Oven Baked Beans 16-oz. (28-oz. 40¢) 25¢  
Green Beans Medium Cut—16-oz. 28¢  
Apple Juice 32-oz. Bottle 46¢  
Guava Nectar 12-oz. 23¢  
Hawaiian Papaya Nectar 12-oz. 23¢

**DISCOUNT PRICES**  
**DEL MONTE FAVORITES**  
Cut Green Beans 16-oz. 22¢  
Green Beans French Style, Sliced—16-oz. 23¢  
Fruit Cocktail 17-oz. 22¢  
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Juice Drink Pineapple/Grapefruit—46-oz. 33¢  
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**Fudge Brownies**  
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Ice Cream Lucerne Party Pride, All Flavors 1/2-Gallon 68¢  
Cream Cheese Lucerne—3-oz. (8-oz. 36¢) 2 for 29¢  
Chunk Swiss Cheese Safeway Rd. Wts—Lb. 98¢  
Large Grade AA Eggs Cream O' The Crop—Dozen 63¢  
Pillsbury Rolls 8-oz. 39¢  
Pillsbury Rolls Almond Danish—12.3-oz. 47¢  
Apple Coffee Cake Pillsbury—Pkg. 58¢  
Buttermilk Biscuits Pillsbury—8-oz. 12¢

**SUPER SAVER**  
**Frozen Rice**  
Green Giant, Medley, Pilaf, or Verdi 12-oz. Package **33¢**

**SUPER SAVER**  
**Pop Tarts**  
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**SUPER SAVER**  
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Chow Mein Noodles Chun King 3-oz. Can 18¢  
Soya Sauce Chun King—5-oz. 20¢  
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Shrimp & Egg Roll Chun King, Frozen 5-oz. 49¢

**SUPER SAVER**  
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Dennison With Beans 15 1/2-oz. Can **36¢**

**DISCOUNT PRICES**  
**HEALTH & BEAUTY AIDS**  
Dristan Capsules 10-Count Reg. \$1.49 **99¢**  
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Blades Schick Platinum-Plus—5 Blades Regular 79¢ **69¢**  
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Potted Meat 3 1/4-oz. 14¢

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Diapers Pamper, Disposable, Daytime 30-Count \$1.59  
Pampers Disposable Diapers, Newborn 30-Count \$1.39  
Playtex Tampons Regular or Super 30-Count \$1.12  
Woolite Liquid Cold Water Soap—8-oz. (16-oz. \$1.18) 63¢

**Thin Skinned**  
**Jumbo Size, California Sunkist Navel Oranges**  
**Lb. 10¢**

**Apples**  
EXTRA FANCY WASHINGTON Red or Golden Delicious or Winesaps—Lb. **18¢**

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Pure Orange or Grapefruit (QUART . . . 49¢)  
**HALF GALLON 89¢**

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Grape Juice Welch's—12-oz. 39¢  
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Dole Juices Pineapple or Pineapple-Orange 6-oz. 19¢  
Apple Juice Tree Top—6-oz. 20¢  
Patio Dinners Beef Enchilada or Mexican Package 42¢  
Pound Cake Sara Lee—12-oz. 84¢  
Niblets Corn Green Giant, In Butter Sauce—10-oz. 35¢  
Green Beans Green Giant, Sliced, In Butter Sauce—9-oz. 34¢

**LIQUOR**  
Liquor Available at Licensed Stores Only  
Jim Beam Straight Bourbon 86 Proof—5th Bottle \$5.29  
Cutty Sark Scotch, 86 Proof 5th Bottle \$7.60  
Smirnoff Vodka 80 Proof—5th Bottle \$4.89  
Gordon's Gin 90 Proof—5th Bottle \$4.59

**Head Lettuce** Western Iceberg, from Imperial Valley—Each 12¢  
**Cherry Tomatoes** Perfect for Salads—12-oz. Baskets, Each 24¢  
**Fresh Green Celery** Large Crisp Stalks—Each 25¢  
**Clip Top Carrots** From the Imperial Valley—Lb. 13¢  
**Fresh Bunch Turnips** Sweet and Tasty! Large Bunches—Each 14¢  
**Crisp Green Cabbage** Solid Green Heads—Lb. 10¢  
**U.S. No. 1 Russet Potatoes** Gardnerside 10-lb. Bag 56¢  
**Golden Ripe Bananas** Premium Quality Cabana Brand—Lb. 14¢

**CELLO PACK RADISHES**  
Washed and Trimmed . . . All Ready to Use—6-oz. Package **11¢**

**PORCELAIN FINE CHINA**  
in your choice of two outstanding patterns  
**ON SALE THIS WEEK!**  
SAUCER ONLY **39¢**  
RD. VEGETABLE SAVE **50¢**  
only \$2.49, no purchase required  
ON SALE THROUGH SATURDAY, FEB. 7, 1970

**14 BIG SAFEWAY DISCOUNT STORES SERVING YOU . . .**  
in Salinas, Seaside, Gilroy, Monterey, Santa Cruz, Aptos, King City, Carmel Valley, Felton, Marina, and Pacific Grove



All Prices subject to market changes **2-4-70**  
**SAFEWAY**  
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# 1040 U.S. Individual Income Tax Return for the year ending January 1-December 31, 1969. Taxpayers Ask IRS

This column of questions and answers on federal tax matters is provided by the local office of the U.S. Internal Revenue Service and is published as a public service to taxpayers. The column answers questions most frequently asked by taxpayers.

**Q) I used Schedule T to figure out my tax. Do I have to send it in with my 1040?**

**A)** Most taxpayers do not have to send in the Schedule T with their tax returns. However, if you are subject to self-employment tax, or claim retirement income credit, investment credit or foreign tax credit, you will have to file Schedule T with your return.

**Q) What is the filing deadline for farmers who did not send in an estimated tax return?**

**A)** Under the Tax Reform Act of 1969, farmers now have until March 1 to file their return and avoid penalties for not making estimated tax declarations. This gives farmers two weeks more than they previously had to gather their records and prepare their return.

Since March 1 is a Sunday this year, farmers have until March 2 to file. Farmers should attach Schedule F to their Form 1040 and pay in full any tax that is due. Checks or money orders should be made payable to the Internal Revenue Service and identified by the taxpayer's Social Security number to make sure it is properly credited.

**Q-I did some water conservation work on my farm this summer. How do I handle these expenses for tax purposes?**

**A-**You may elect to deduct some of your costs while you must capitalize others. Your costs for structures or facilities that are subject to depreciation must be capitalized with the costs recovered through annual depreciation allowances. In this category would be items such as water wells, pipes, tiles and other than earthen dams.

You may elect to deduct, within certain limitations, costs involved in the construction of drainage ditches, diversion channels, earthen dams and ponds along with certain other expend-

itures. You must make this election for the first tax year you pay or incur such expenses.

For additional details, contact your local County Extension Agent or ask your IRS office for a free copy of the Farmer's Tax Guide, Publication 225.

**Q-Several in our family chip in to support our father but no one of us contributes more than half. Can any of us claim him as a dependent?**

**A-**If your combined contributions total over half of your father's support, then any one of you, but only one, who individually contributes more than 10 percent may be entitled to claim the dependency exemption under a multiple support agreement.

Each of the others, who contributes more than 10 percent, must file a written statement that he will not claim the exemption this year. Form 2120 may be obtained from your local IRS office for this purpose. These signed statements must be filed with the tax return of the one who claims the exemption. For more information, see Publication 501, "Your Exemption and Exemptions for Dependents," available free by sending a post card to your District Director.

**Q-Is a stock dividend taxable?**

**A-**In general, a stock dividend paid in the same class of stock is not taxable. However, if there was an option to take cash or other property in place of such stock, the fair market value of the stock received should be reported for income purposes.

**Q) I will be sending in my tax return under my married name this year. Do I need a new Social Security number or anything else because of the change?**

**A)** No, your number remains the same. However, make note of the change right under the address section on the front page of the Form 1040 you file. Enter here the name and address appearing on your 1968 tax return.

If you haven't already done so, give the local office of the Social Security Administration your new name and address.

**Q) I bought Christmas cards from my church. Can I deduct what they cost as a charitable contribution on my tax return?**

**A)** Unless you contributed an additional amount to your

church over and above what the cards ordinarily cost, no deduction may be taken.

The rule in this case is that charitable deductions are allowed when the amount of the purchase price exceeds the fair market value of the item received in exchange. Compare the cost of the cards to that of other cards of a similar nature to see if you have a contribution deduction.

**Q) When you inherit stock and then sell it, do you have to pay tax on the proceeds?**

**A)** Your cost basis for the stock is its value at the date of death of the decedent from whom you inherited it. If you receive more than this basis on a sale, the gain is reported as a capital gain. If you receive less, the loss is reported as a capital loss.

**Q) Where can I get a copy of the form needed to claim moving expenses?**

**A)** This form may be obtained from your local IRS office. Ask for Form 3903.

**Q) I'm paying back a loan I took to cover the costs of my**

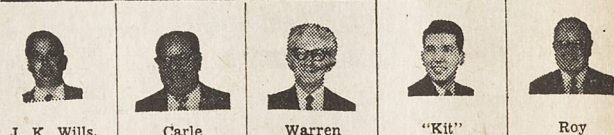
daughter's college education. Is this deductible?

**A)** You may deduct the interest portion of your loan payments if you itemize deductions. If you are not sure how much of your loan payment represents interest, check with the bank or other institution that made the loan. They should be able to tell you.

**Q) What is the maximum Social Security tax for 1969? I think I paid too much since I held two jobs last year.**

**A)** If you worked for two or more employers and more than \$374.40 was withheld from your wages last year for Social Security taxes, then the excess can be claimed as a credit on line 20 of your income tax return. In cases where a person has only one employer during the year and more than \$374.40 was withheld for Social Security taxes, the excess cannot be claimed as a credit on the return. The employer must adjust the overcollection with the employee.

A W-2 form from each employer must be attached to your tax return.



**"THESE ARE SOME OF THE TAX PEOPLE"**

**J. K. Willis, Mgr.** **Carle Blackman** **Warren Perber** **"Kit" Juhring** **Roy Edgecomb**

## INCOME TAX

# \$5 UP

FED. & STATE

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_

Cut Out and Return if Appointment Desired...

**"You Deserve the Best"**

## the TAX people inc

1776 FREMONT SEASIDE (Next to Purdy Bakery) 394-0622	689 LIGHTHOUSE MONTEREY (Across from Montemar) 372-4682	MARINA VILLAGE SHOPPING CENTER 384-6357
--	---	---

9 to 9 WEEKDAYS SATURDAY 9 to 5 SUNDAY BY APPOINTMENT  
APPOINTMENT NOT NECESSARY

## Women's Health

Have you ever wondered what occasionally causes a stalwart man to "pass out" at the mere sight of blood? Or why a woman faints during the heat of excitement?

There and other simple acts of fainting are brought about when a person's brain—the seat of consciousness—suffers from an inadequate blood supply resulting from improper circulation.

Pain, nausea, momentary shock, emotional disturbance, infection, and dehydration are all factors involved in the improper distribution of blood leading to fainting or "syncope," as your physician knows it. One may faint upon getting up after a prolonged bed rest, or as the result of fatigue, prolonged standing, excessive heat, or inadequate ventilation—among other things. Older people may faint or feel dizzy because their blood vessels are not as elastic as those of younger people.

A person does not faint when lying down, but usually falls into unconsciousness while standing or sitting. Fainting may occur suddenly, but—except for cases that follow a physical blow or other abrupt trauma—there usually are warning symptoms. Before "blacking out," he may experience weakness, blurring of vision, perspiration, and paleness of the face. He may even feel light-headed and dizzy.


What's the best way to help a fainting victim? Have the patient lie down. If this is not possible, have him sit down, and lower his head between his knees for a minute or two until paleness of the face disappears and the blood returns to the brain. (If the face seems to be extremely flushed, however, it may be wiser to keep the head raised.)

Inhalation of smelling salts, application of cold water, or the drinking of a half teaspoonful of aromatic spirits of ammonia in water are all beneficial to the victim because of their stimulating effect.

The patient should be kept quiet until he has fully recovered a feeling of normal well-being. If permitted to get up and walk about too soon, complications may develop, particularly if the person had a bad fall while fainting. If the patient does not regain consciousness immediately or appears to fall into another faint—a physician should be summoned at once, for the condition may not be a simple faint at all. It may, in fact, be a symptom of diabetes, uremia, cerebral hemorrhage, epilepsy, or any one of many other diseases.

**the man who photographs**

Glen Campbell



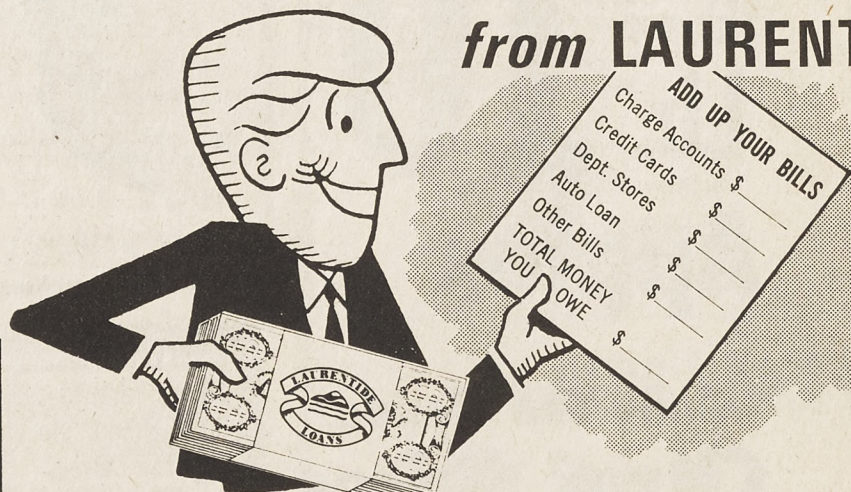
**should photograph YOU!**

**John Perkins Photo Service**

1306 Fremont, Seaside

**394-1077**

## Clean Up Year-End Bills with CASH from LAURENTIDE



Want to pay off all of last year's bills... and end payments on old bills for credit cards, department store accounts, your car, doctor, and others?

You may, with a CLEANUP LOAN from Laurentide. And you'll make just one monthly payment... probably less than all your present ones combined.

To apply for a CLEANUP LOAN, talk to your nearest Laurentide office today or mail coupon below. Loans of \$500 to \$5000 are usually approved and handled in just one day.

See the Laurentide Branch nearest you:

SEASIDE  
1501 Fremont Blvd.  
Phone: 373-2976

SALINAS  
1047 South Main  
Phone: 424-0826

Over 100 offices throughout the West.



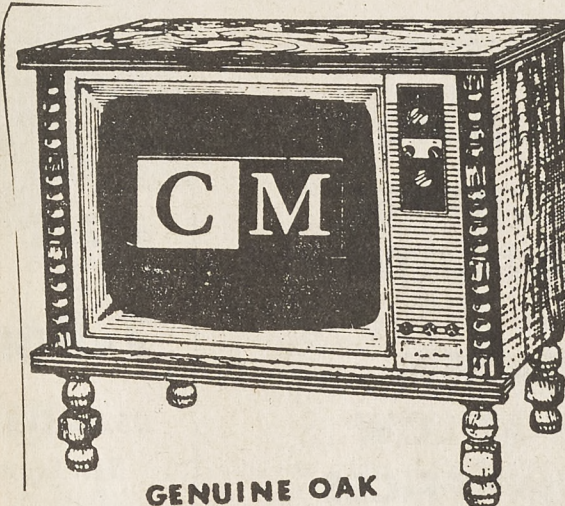
LAURENTIDE FINANCE CORPORATION  
Send me application for a CLEANUP LOAN in the amount of \$ \_\_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_

## CAR LOAD OVER STOCKED

# Sale

- Special Discounts to Military
- Easy Terms
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### NO FINER COLOR TV... AT ANY PRICE!

\*8 Year Prorated Color Picture Tube Warranty \$12.00 Additional

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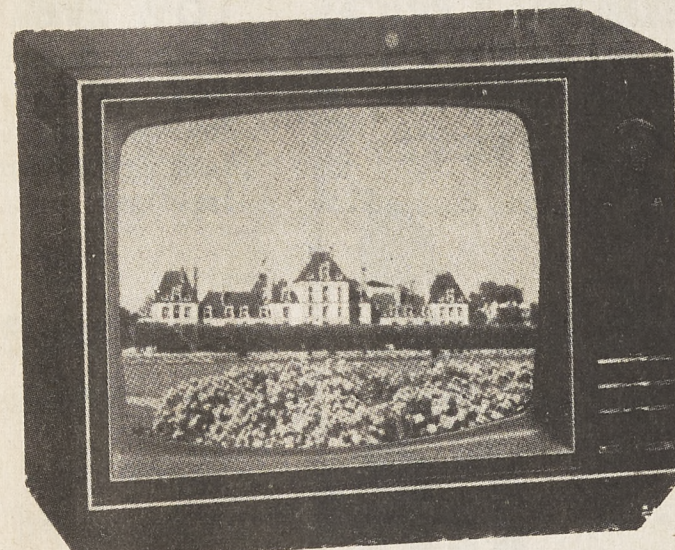
# \$399<sup>95</sup>

W.T.

IF NO TRADE ADD \$20

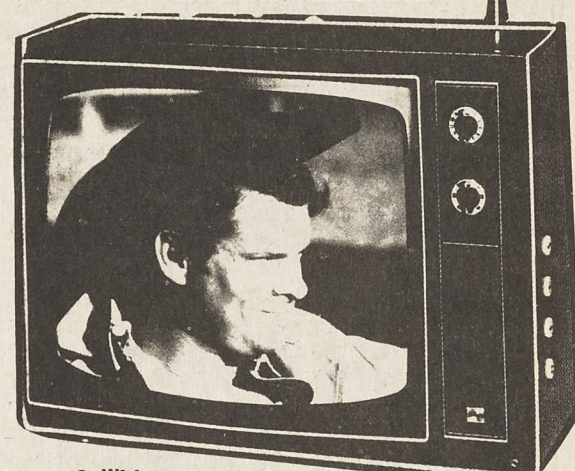
Over 25 of these sets must be sold - Available in maple, pecan or Danish walnut

MANY OTHERS TO CHOOSE FROM!



15" 1970 Delux Reg. \$339.95  
**COLOR PORTABLE**

NOW ONLY **\$238<sup>88</sup>** Easy Terms



Black & White **PORTABLE TVs** Now from only **\$69<sup>95</sup>**

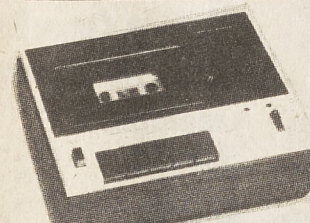
Now!!! See all that you hear Reg. \$29.95 **\$17<sup>88</sup>** Fits any Car  
**Musilight Stereo Litebar** NOW



Now a CRAIG **TAPE RECORDER**

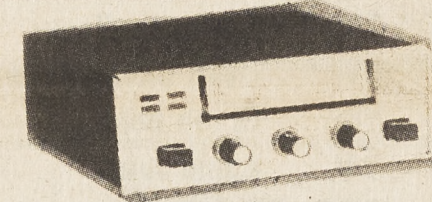
at a New Low Price  
Reg. \$49.95 **\$37<sup>50</sup>** NOW

Portable Cassette Recorder. The "Sound-Saver" at the saver's price. Operates on both battery and AC power. Has the great "ITT" control for top tape performance. Built in Automatic Level Control provides great sound—with large speaker quality. Compact—take it anywhere. Model 2610



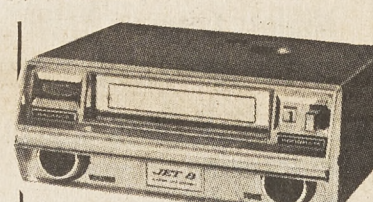
Reg. \$99.00  
Now Only **\$78<sup>88</sup>**

Automatic Stereo Cassette Recording Deck. Has Craig's advanced Automatic Level Control for music recording. Just drop in the cassette and push the buttons. Signal lamp indicates adequate recording signals. Walnut grain finish wood and high impact plastic cabinet. Model 2708



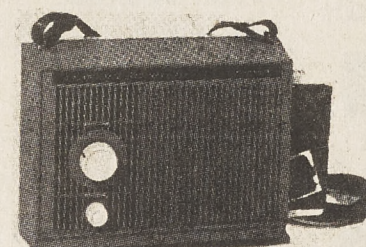
CRAIG's Famous 8 track **CAR STEREO** Tape Player

Automatic 8-Track Stereo. The deluxe 8-track stereo unit makes every tape a new "listening" experience. You will never enjoy sound on the go so much. Dust cover, track indicator lights and chrome faceplate. Model 3108  
Reg. \$89.95 **\$74<sup>50</sup>** NOW



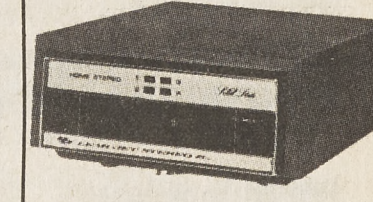
4 & 8 Tape Player **CAR STEREO**

Reg. \$89.95  
NOW **\$48<sup>88</sup>**



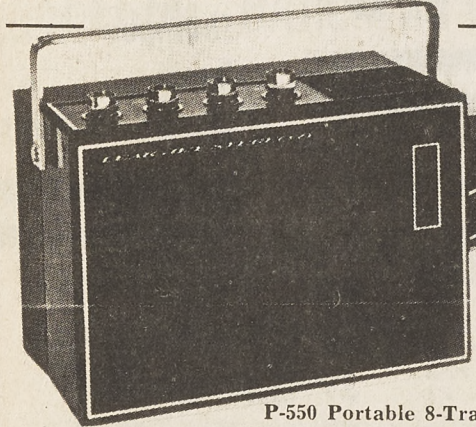
Now Only **\$34<sup>50</sup>**

P-510 Portable 8-Track Tape Player  
The most compact 8-track tape cartridge player ever made. Solid-state... powered by flashlight batteries. Includes adjustable carrying strap. Available in black, red, blue, or ivory.



Reg. \$79.95  
Now Only **\$59<sup>95</sup>**

H-310 Home 8-Track Stereo Tape Cartridge Deck



Reg. \$119.95  
Now Only **\$79<sup>95</sup>**

P-550 Portable 8-Track Stereo Tape Player  
Operates on its own battery power or regular household current. You can listen to true stereo music even while you're carrying it, or separate the second speaker for wide-angle stereo. Program selection is automatic or manual with illuminated program indicators.



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Special Ft. Ord **ANTENNA**  
Receives 8 & 11 and UHF 46  
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A Complete Line Hi-Fi Cable Assemblies - Jacks - Plugs - Accessories - Din Plugs - Rabbit Ears - TV Tubes - A Complete Line of Electronic Needs - Batteries - Etc.

TV RABBIT EARS NOW **99¢**  
TV TUBES TO ALL MILITARY PERSONAL **20% OFF**

Special Discounts on TV Carry-In Service to all Military Personnel  
Bring your TV in to our Shop for Repair & Save Big Money.  
Or Phone 375-4567 FOR FAST SERVICE !!

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Seaside 375-4567

Open 7 Days a Week - Nights til 9 p.m., Sun. 11-5

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El Rancho Shopping Center  
Marina 384-6770

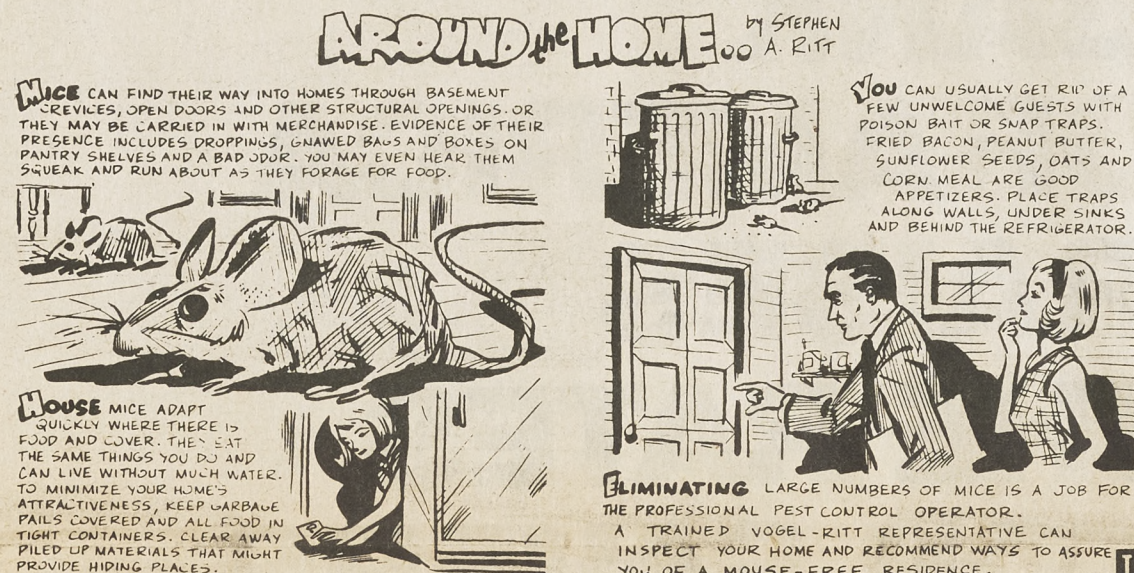




## GRADUATES

FOUR SEASIDE residents have completed a four-year weekly extension course in theology and will receive diplomas in graduation exercises Sunday, Feb. 8, at 3 p.m. at Ocean View Baptist Church, 1200 Amador. The four are from left Dora Ellis, Viola McClure, Robert McClure and Cassell Williams.

They were taught in the American Baptist Theological Seminary (Nashville, Tenn.) courses by the Rev. G. E. Ellis, pastor of Ocean View. Commencement speaker will be the Rev. Jack O'Neal of Fresno. John Perkins Photo.



## WHO CARES By M. J. Vercoe

## Mr. Nixon's Triple Risk

The withdrawal of American forces from Vietnam involves some risk. In varying degrees, observers from comfortable chairs in Washington, D.C. to foxholes in Vietnam are apprehensive about South Vietnam's ability to carry the war alone.

Nobody really knows what will happen if the withdrawal continues indefinitely and all Americans leave Vietnam. There is no precedent. We have had convincing proof that there is no such thing as an "expert" in these matters. We can only conjecture and with some alarm make some "educated guesses".

At least three major risks are involved in the planned withdrawal.

No. 1. As the burden rests more and more heavily on the shoulders of the half-hearted South Vietnamese government forces, a continuing North Vietnamese build-up will in all likelihood have things going very badly for Saigon long before all American forces have left.

No. 2. Vice-President Ky, himself, told a Life Magazine reporter several years ago that no Vietnamese, either North or South, should ever be trusted. It is very, very likely that when things really look black and no longer profitable to the Saigon regime, there could be a sudden favoring of Hanoi's policies and a treacherous turn against their former American friends. A final withdrawal from Vietnam could become quite complicated by having two enemies waving goodbye to us instead of one friend and one enemy.

No. 3. The effect on the American economy of an end to the war is no longer in the "conjecture" category. Cutbacks are already hurting, and we are being gradually softened for the

really serious consequences by hints in the press about future defense layoffs. Economically, America will be in serious trouble if the Vietnam cutback cannot be kept very gradual without panic on Wall Street. Politically, Mr. Nixon has to play his cards very carefully. His reelection in 1972 depends on his ability to end the war before the election, but not more than a month or two before the election, so as not to get the blame for the recession which would follow.

M. J. Vercoe

## LEGAL NOTICE

Notice of Trustee's Sale

No. FC/3196

On March 5, 1970, at 11:00 A.M.,

COLONIAL MORTGAGE SERVICE

CO OF CALIFORNIA, as duly appointed

Trustee under and pursuant to

Deed of Trust dated February 5,

1969, executed by Oliver James Johnson

and Donna F. Johnson, his wife

and recorded May 1, 1969, as Instr.

No. G 11282, in book 604, page 15,

of Official Records in the office of

the County Recorder of Monterey County,

California, WILL SELL AT PUBLIC

AUCTION TO HIGHEST BIDDER FOR

CASH (payable at time of sale in

lawful money of the United States)

at Church Street entrance to the

Monterey County Courthouse, City of

Salinas, State of California.

All right, title and interest conveyed

to and now held by it under said

Deed of Trust in the property situated

in the Seaside, in said County

and State described as:

Lots 2401 and 2403, Block 35, as

shown on the map entitled "Map

No. 3 of Del Monte Heights", etc.

filed for record January 8, 1969,

in the office of the County Recorder

of the County of Monterey, State of

California, in Map Book 2, Cities

and Towns, at page 12.

Said sale will be made, but without

covenant or warranty, express or

implied, regarding title, possession,

or encumbrances, to pay the remain-

ing principal sum of the note se-

cured by said Deed of Trust, to-wit:

\$15,576.53, with interest from May 1,

1969, as in said note provided, ad-

vances, if any, under the terms of

said Deed of Trust, fees, charges

and expenses of the Trustee and of

the trusts created by said Deed of

Trust.

The beneficiary under said Deed of

Trust, by reason of a breach or de-

fault in the obligations secured there-

by, heretofore executed and deliv-

ered to the undersigned a written Decla-

## LEGAL NOTICE

F4791 Certificate of Individual Doing Business Under Fictitious Name

Know All Men by These Presents:

I, the undersigned, Norma Lillian Pitney

do hereby certify:

That my name in full is Norma Lillian Pitney and that my place of

residence is 1218 Lawton Ave., Pacific Grove, Calif. 93950;

That I am transacting business in the State of California under the

fictitious name of Joys Poodle Parlor; that I am the sole owner and prop-

rietor of said business; and that the principal place of business under said

name is situated at 109 Central Ave., Pacific Grove, Calif., 93950

In Witness Whereof I have hereunto set my hand this 19th day of

January, 1970.

/s/ Norma Lillian Pitney

STATE OF CALIFORNIA,

County of Monterey

On this 19th day of January in the year one thousand nine hundred and

seventy, before me, Charles A. Dake, a Notary Public, State of California,

duly commissioned and sworn, personally appeared Norma Lillian Pitney,

known to me to be the person whose name is subscribed to the with-

in instrument, and acknowledged to me that she executed the same.

In Witness Whereof I have hereunto set my hand and affixed my official

seal in the County of Monterey, the day and year in this certificate first

above written.

/s/ Charles A. Dake

Notary Public, State of California

My Commission Expires 3-21-72

(SEAL)

Publish February 4, 1970

## LEGAL NOTICE

## NOTICE OF TRUSTEE'S SALE

No. 7762

NOTICE IS HEREBY GIVEN:

That on Tuesday, March 3, 1970 at the hour of 11:00 A.M., at the City,

Pacific Street entrance, in the City of Monterey, County of Monterey,

State of California, FIRST CHARTER FINANCIAL CORPORATION, a cor-

poration, as Trustee under a Deed of Trust in the original amount of

\$7,500.00 executed by VIRGIL M. BAKER and MURIEL E. BAKER (nee

Wellman), his wife and recorded Sep-

tember 18, 1961 in Book 2184 Page 153

of Official Records of Monterey County, California, of which Deed of

Trust AMERICAN SAVINGS AND LOAN ASSOCIATION, a corporation

formerly, PIONEER INVESTORS SAVINGS AND LOAN ASSOCIATION is the beneficiary, by reason of de-

fault in the payment of performance of obligations secured thereby, and

## LEGAL NOTICE

Pursuant to such intention, the undersigned is applying to the Department of Alcoholic Beverage Control for issuance by transfer of an alcoholic beverage license for these premises as follows:

On-Sale Beer

Anyone desiring to protest the issuance of such license may file a verified protest at any office of the Department of Alcoholic Beverage Control, or by mail to the Department of Alcoholic Beverage Control, 4215 O Street, Sacramento, California 95814, so as to be received within 30 days of the date the proposed

premises were first posted, stating grounds for denial as provided by law. The premises are now licensed for the sale of alcoholic beverages.

The above verification may be obtained from any office of the Department.

/s/ Fred Hoffman

Publish January 28, 1970

## LEGAL NOTICE

Pursuant to such intention, the undersigned is applying to the Department of Alcoholic Beverage Control for issuance by transfer of an alcoholic beverage license for these premises as follows:

On-Sale Beer

Anyone desiring to protest the issuance of such license may file a verified protest at any office of the Department of Alcoholic Beverage Control, or by mail to the Department of Alcoholic Beverage Control, 4215 O Street, Sacramento, California 95814, so as to be received within 30 days of the date the proposed

premises were first posted, stating grounds for denial as provided by law. The premises are now licensed for the sale of alcoholic beverages.

The above verification may be obtained from any office of the Department.

/s/ Fred Hoffman

Publish January 28, 1970

## LEGAL NOTICE

SAUL M. WEINGARTEN, Fremont Professional Center, Fremont Blvd. and Williams Ave., Seaside, California 93955, Telephone 373-4782, Attorney for Plaintiff

SUPERIOR COURT OF THE STATE OF CALIFORNIA FOR THE COUNTY OF MONTEREY No. M 4649 SUMMONS (EMINENT DOMAIN) (CCP 1245)

REDEVELOPMENT AGENCY OF THE CITY OF SEASIDE, a public body, corporate and politic, Plaintiff,

(re Lot 2396, Block 34) ELLA FINKELSTEIN, also known as ELLA F. ESTESS - Owner; (re Lots 2270 &amp; 2272, Block 32) VIRGIL L. JEPSEN - Owner;

(re Lot 1448, Block 29) THE HEIRS AND DEVISEES OF JOSE SERRA, DECEASED, AND ALL PERSONS CLAIMING BY, THROUGH OR UNDER SAID DECEDENT, AND CONCHA SERRA - Owners;

(re Lots 2021, 2023, 2025 &amp; 2027, Block 29) THE HEIRS AND DEVISEES OF JANE R. ELLENWOOD, DECEASED, AND ALL PERSONS CLAIMING BY, THROUGH OR UNDER SAID DECEDENT - Owners;

ALL PERSONS UNKNOWN CLAIMING ANY INTEREST IN OR TO THE DESIRED PROPERTY; DOE ONE through DOE TEN; Defendants.

THE PEOPLE OF THE STATE OF CALIFORNIA, To each of the defendants named in the complaint filed in the above-

entitled action: This action is brought to condemn and take for public use the real property situated in the City of Seaside, County of Monterey, State of California, described as follows:

Lot 2396, Block 34, as shown on map entitled "Del Monte Heights Map No. 3," filed January 8, 1969, in Volume 2, Page 12, Maps, Monterey County.

Lots 2270 and 2272, Block 32, as shown on map entitled "Del Monte Heights Map No. 3," filed January 8, 1969, in Volume 2, Page 12, Maps, Monterey County.

Lot Numbered 1448 in Block Numbered 29, as said Lot and Block are shown on that certain map entitled, "Map No. 3 of Del Monte Heights, being a Re-Subdivision of Blocks 10, 11, 12, 13 and Reservation, Villa subdivision of Lots 2 &amp; 3 of the Noche Buena Rancho, Monterey County, Calif.," filed for record January 8, 1969 in the office of the County Recorder of the County of Monterey, State of California, in Volume 2 of Maps, "Cities and Towns", at page 12.

Lots Numbered 2021, 2023, 2025 and 2027 in Block Numbered 29, as said Lots and Block are shown on that certain map entitled, "Map No. 3 of Del Monte Heights, being a Re-Subdivision of Blocks 9, 10, 11, 12, 13 and Reservation, Villa subdivision of Lots 2 &amp; 3 of the Noche Buena Rancho, Monterey County, Calif.," filed for record January 8, 1969 in the office of the County Recorder of the County of Monterey, State of California, in Volume 2 of Maps, "Cities and Towns", at page 12.

The public use for which said real property is sought is for redevelopment purposes.

You, and each of you, are hereby notified to appear and show cause why the property described should not be condemned as prayed for in the complaint, within ten (10) days after the service upon you of this summons, if served within this County; or within thirty (30) days, if served elsewhere.

You are hereby notified that unless you appear and answer as above required, said plaintiff will apply to the Court for relief demanded in the complaint.

(SEAL) You may seek the advice of an attorney on any matter connected with the complaint or this summons. Such attorney should be consulted within the time limit stated in this summons for filing a written pleading to the complaint.

EMMETT G. McMENAMIN, Clerk By C.E. COLEMAN Deputy Clerk

DATED: JAN 28 1970 NOTICE TO THE PERSON SERVED (Secs. 410 and 474 C.C.P.): You are hereby served in the within action (or proceeding) in each capacity checked below:

On behalf of \_\_\_\_\_ as a person upon whom the summons and a copy of the complaint must be served to effect service against said party under the provisions of Code of Civil Procedure Section:

411 (1) (as against a domestic corporation) 411 (2) (as against a foreign corporation, or nonresident joint stock company or association, doing business in this state)

411 (2.1) (as against a partnership, or other unincorporated association) 411 (2.2) (as against a foreign partnership)

You are also served as an individual. As (or on behalf of) the person sued under the fictitious name of \_\_\_\_\_

Publish January 14, 21, 28 &amp; February 4, 1970.

## LEGAL NOTICE

NOTICE OF INTENTION TO ENGAGE IN THE SALE OF ALCOHOLIC BEVERAGES

To Whom It May Concern: Subject to issuance of the license applied for, notice is hereby given that the undersigned proposes to sell alcoholic beverages at the premises, described as follows:

1772 B Fremont Boulevard Seaside, California 93955

Publish January 14, 21, 28 &amp; February 4, 1970.

## LEGAL NOTICE

YOU ARE HEREBY CITED to appear and attend a session of the above entitled court to be held on February 13, 1970 at 9:00 A.M., in the courtroom 4 of said court, at Monterey Courthouse, in the city of Monterey, California, then and there to show cause, if any you have, why SEAN BULLOCK should not be declared free of the custody and control of his parent.

Dated January 5, 1970 EMMETT G. McMENAMIN, Clerk By MARY A. PREHODEN Deputy Clerk

(SEAL) Publish January 14, 21, 28 &amp; February 4, 1970

## LEGAL NOTICE

NOTICE OF TRUSTEE'S SALE T.O. No. M11331 JJ

On Wednesday the 18 day of February 1970 at 11:00 A.M., TITLE INSURANCE AND TRUST COMPANY, as duly appointed Trustee under and pursuant to Deed of Trust dated December 1, 1959 Executed By: John E. Ellis and Dailey L. Ellis, his wife and recorded June 30, 1960, as Instr. No. 21482, in book 2063, page 193, of Official Records in the office of the County Recorder of Monterey County, California, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the lobby of the office of Title Insurance and Trust Company, corner of Pearl and Tyler Streets, Monterey California all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

Lots 124, 126 and 128 in Block 2, as shown on "Map No. 3 Del Monte Heights", etc., filed January 8, 1969, in the office of the County Recorder of the County of Monterey, State of California, and now on file in said office in Map Book Two, Cities and Towns, at page 12 therein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the principal sum of the note secured by said Deed of Trust, to-wit: \$3,734.20 with interest from April 1, 1969, as in said note provided, advances, if any under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The beneficiary under said Deed of Trust, by reason of a breach or default in the obligations secured thereby, heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written notice of breach and of election to cause the undersigned to sell said property to satisfy said obligations, and thereafter, on October 9, 1969 the undersigned caused said notice of breach and of election to be recorded in Reel 624, page 789, of said Official Records.

Title Insurance and Trust Company as said Trustee, By /s/ James Jenkins James Jenkins, manager Date: January 21, 1970

Publish: Jan. 28, Feb. 4 &amp; 11, 1970

## LEGAL NOTICE

DARRELL W. STEVENS Attorney at Law 1343 Lincoln Street P.O. Box 422 Groville, California 95956 Telephone: 533-0661

SUPERIOR COURT OF THE STATE OF CALIFORNIA FOR THE COUNTY OF BUTTE

No. 44602 SUMMONS (General) vs. GEORGE CURRIER, HENRY CURRIER, and W.R. BOLES, General Partners, doing business as CURRIER'S APPLIANCE Plaintiff

RONNIE J. DUNCAN Defendant

THE PEOPLE OF THE STATE OF CALIFORNIA to the above named Defendant:

You are directed to file with the clerk of this court in which the above entitled action is brought a written pleading in response to the complaint within ten days after the service on you of this summons, if served within the above named county, or within thirty days if served elsewhere (except that if the action is against the state pursuant to Section 738.5 of the Code of Civil Procedure, within 180 days). You are notified that unless you so file a written responsive pleading, the plaintiff will take judgment for any money damages demanded in the complaint, as arising upon contract, or will apply to the court for any other relief demanded in the complaint.

You may seek the advice of an attorney on any matter connected with the complaint or this summons. Such attorney should be consulted within the time limit stated in this summons for filing a written pleading to the complaint.

CLARK A. NELSON County Clerk and Clerk of the Superior Court of the State of California for the County of Butte.

By L. CRONENBERGER Deputy Clerk (SEAL) Dated July 25, 1969

NOTICE TO THE PERSON SERVED (Secs. 410 and 474 C.C.P.): You are hereby served in the within action (or proceeding) in each capacity checked below:

On behalf of \_\_\_\_\_ as a person upon whom the summons and a copy of the complaint must be served to effect service against said party under the provisions of Code of Civil Procedure Section:

411 (1) (as against a domestic corporation) 411 (2) (as against a foreign corporation, or nonresident joint stock company or association, doing business in this state)

411 (2.1) (as against a partnership, or other unincorporated association) 411 (2.2) (as against a foreign partnership)

You are also served as an individual. As (or on behalf of) the person sued under the fictitious name of \_\_\_\_\_

Publish January 14, 21, 28 &amp; February 4, 1970.

## LEGAL NOTICE

Notice of Trustee's Sale No. FC/3141

On February 19, 1970, at 11:00 A.M., COLONIAL MORTGAGE SERVICE CO OF CALIFORNIA as duly appointed Trustee under and pursuant to Deed of Trust dated January 6, 1969, executed by Glenn G. LaPlante and Agnes A. LaPlante, his wife and recorded January 20, 1969, as Instr. No. G 01514, in book 569, page 863, of Official Records in the office of the County Recorder of Monterey County, California, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at Church Street entrance to the Monterey County Courthouse, City of Salinas, State of California all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in Seaside, in said County and State described as:

Lots 11 and 13 in Block 25 as shown on that certain map entitled, "Map No. 4 of Del Monte Heights", filed for record April 5, 1969, in the office of the County Recorder of the County of Monterey, State of California, in Volume 2 of Maps, "Cities and Towns", at page 13.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note secured by said Deed of Trust, to-wit: \$16,855.90, with interest from May 1, 1969, as in said note provided, advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The beneficiary under said Deed of Trust, by reason of a breach or default in the obligations secured thereby, heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written notice of breach and of election to cause the undersigned to sell said property to satisfy said obligations, and thereafter, on October 3, 1969, the undersigned caused said notice of breach and of election to be recorded in book 623, page 926, of said Official Records.

COLONIAL MORTGAGE SERVICE CO OF CALIFORNIA as said Trustee, By /s/ Gladys Zumwalt Gladys Zumwalt, authorized signature Date: January 13, 1970 SPS 22375

Publish January 21, 28, February 4, 1970.

## LEGAL NOTICE

Notice of Trustee's Sale No. FC/3141

On February 19, 1970, at 11:00 A.M., COLONIAL MORTGAGE SERVICE CO OF CALIFORNIA as duly appointed Trustee under and pursuant to Deed of Trust dated January 28, 1969, executed by Robert A. Andrews and Margaret L. Andrews, his wife and recorded March 17, 1969, as Instr. No. G 06994, in book 597, page 1127, of Official Records in the office of the County Recorder of Monterey County, California, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at Church Street entrance to the Monterey County Courthouse, City of Salinas, State of California all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in the City of Seaside, in said County and State described as:

All that certain real property situated in the County of Monterey, City of Seaside, State of California, described as follows:

Lot Numbered 49, in Block Numbered 49, as said Lot and Block are shown on that certain map entitled, Map of "Tract No. 303, ORD TERRACE NO. 9", being a portion of Lot 1, Rancho Noche Buena, Seaside, California, etc., filed for record December 4, 1956, in the office of the County Recorder of the County of Monterey, State of California, in Volume 6 of Maps, "Cities and Towns", at page 104.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note secured by said Deed of Trust, to-wit: \$20,668.86, with interest from April 1, 1969, as in said note provided, advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The beneficiary under said Deed of Trust, by reason of a breach or default in the obligations secured thereby, heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written notice of breach and of election to cause the undersigned to sell said property to satisfy said obligations, and thereafter, on October 6, 1969, the undersigned caused said notice of breach and of election to be recorded in book 624, page 138, of said Official Records.

COLONIAL MORTGAGE SERVICE CO OF CALIFORNIA as said Trustee, By /s/ Gladys N. Zumwalt, Gladys N. Zumwalt, authorized signature Date: January 13, 1970 SPS 22374

Publish January 21, 28, February 4, 1970.

## LEGAL NOTICE

DAVID HENRY GILL MARK SINCOFF Attorneys at Law 623 Lighthouse Avenue Pacific Grove, California Telephone: 373-3283 Attorneys for Petitioners

SUPERIOR COURT OF THE STATE OF CALIFORNIA FOR THE COUNTY OF MONTEREY No. M 4642 CITATION

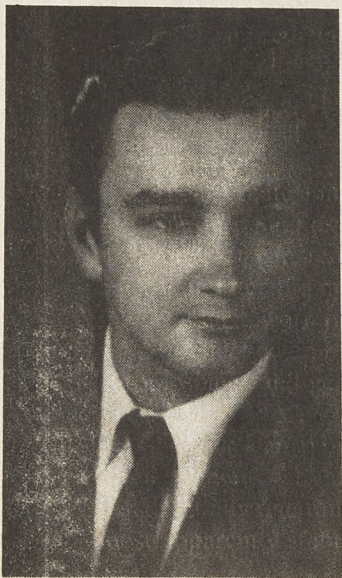
In the matter of the Petition to declare SEAN BULLOCK free of the custody and control of his parent

THE PEOPLE OF THE STATE OF CALIFORNIA, To LUCY DIANE BULLOCK





YEOMAN John Volk, son of Mr. and Mrs. Joseph Volk, 1272 Kenneth, Seaside, logs a 'contact' as part of his job as a radarman on the destroyer USS Blue. Volk's ship is operating with the U.S. Seventh Fleet in the Far East.



JAMES S. Parker has been promoted to assistant manager for the Seaside office of the Wells Fargo Bank. Formerly credit officer in the Monterey office, he succeeds Larry Bolcoa who has been assigned to the bank's southern California staff.

## Bicentennial Committee

Charles Lee, chairman of the Seaside Art Commission, has been appointed chairman of the city's Bicentennial Committee. The appointment was made by Mayor Lou Haddad.

The following poans and projects are being organized: Monthly arts and crafts exhibits; lectures and demonstrations by native Californian artists in the fine arts; an art or art poster contest; an art fair or festival of the arts; participation in the July 4 parade; a youth day in May; participation in the city's annual art show; a special fashion show; and a special Christmas show.

Persons interested in working with Lee on these or other projects should contact him at 394-2965.

## Oriental Steak Tidbits Come In Little Packages



California Beef Council Photo

Chinese restaurants have introduced Americans to a delightful beef appetizer which can now become a part of the repertoire of California hostesses. The recipe has moved from Chinese chefs to home economists for the California Beef Council, who developed the following recipe for the hot, spicy appetizers to be made in several ways: fry them or bake them; wrap them in parchment paper or foil. They are even delectable (but less rare) when made an hour earlier and held in a warm oven.

### Spicy Beef Packages

1 pound sirloin steak, well-trimmed  
1/4 teaspoon paprika  
1/4 teaspoon ginger  
1/2 cup sherry  
1/2 cup soy sauce  
1 clove garlic  
Parchment paper or foil  
Oil for frying  
2 tablespoons catsup

Rub steak with paprika and ginger. Slice thin strips diagonal to grain of meat. Cut strips in bit-size pieces. Marinate steak tidbits in sherry, soy sauce and garlic in refrigerator one or more hours. Drain well, reserving marinade.

Wrap each tidbit in parchment well, tucking in ends of paper. Put 1" layer of oil in skillet; heat to 375° F. \*Fry meat packages a few at a time for 1 minute. Drain on absorbent paper; serve warm using marinade mixed with catsup for a dip. Yield: 3 dozen appetizers.

\*If preferred, meat packages may be baked. Place on baking sheet and bake in oven, preheated to 400° F. 5 minutes.

## Pancake Feed

The St. Matthias Episcopal Church of Seaside will sponsor a pancake dinner on Feb. 10, from 5:30 to 8 p.m.

The purpose of the dinner is to acquaint more people of the community with the St. Matthias Church and its work.

The cost is \$1.35 for adults

and 50 cents for those under 10 years of age.

**BAHA'U'LLAH**  
The Glory Of God  
For Free Literature  
P.O. Box 384, Seaside 93955

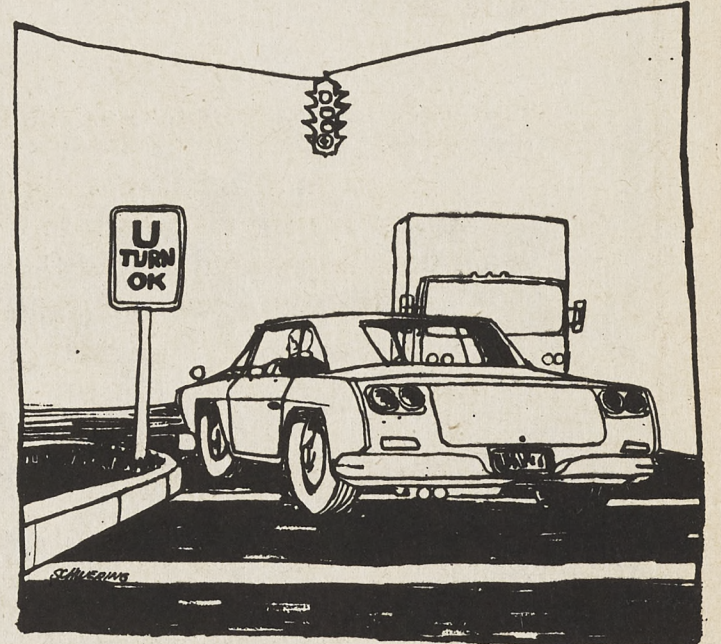
## What do Christian Scientists really believe?

Come to this Christian Science Lecture

Tuesday, Feb. 17 1970 at 12:15 in  
Sunset Auditorium, Carmel



SEAMSTRESS Mrs. Woodrow Ashley of Seaside, holding her daughter Kim, and sisters Clarlene and Wanda show off outfits they will model in Sew & Show, a fashion show sponsored by Gateway Fabrics, Seaside Plaza, Feb. 14. Dave Allen Photo.



## LIFESAVERS

California law says that a U-turn may be made at signal-controlled intersections only when such a turn is permitted by signs. U-turns on divided highways are illegal except at designated openings in the dividing section, reminds the California State Automobile Association. When making a U-turn, motorists should remember that their vehicle must be visible to other traffic for at least 200 feet in either direction. U-turns should not be made at curves or near hillcrests.



During winter, some members of the grouse family grow downy feathers on their feet that keep them from sinking into the snow.

# BANK OF AMERICA RAISES THE RATES FOR SAVERS

Personal Choice savings plans now offer more for your money. One: you have many plans to choose from. And two: we've raised the interest rates.

Of course, we could mention a third: your savings enjoy the protection of the world's largest bank. So let your money go to work at Bank of America. The pay is good.

## 4 1/2% Regular Savings

Starting February 1st, your interest will be increased to 4 1/2% computed daily and compounded quarterly. Deposits made by the tenth of each quarter earn interest from the first. Your funds are immediately available. You can put money in. Take it out. Any time, any amount.

## 5% Investors Passbook

This is the passbook account that pays you more for leaving your money with us for at least 90 days. The 5% interest is compounded quarterly. You can withdraw interest during the first 10 days of any calendar quarter.

You can also withdraw principal at that time, providing it's been on deposit a full calendar quarter. A 90-day written notice will also release funds. \$500 opens an account. Additional deposits are made in \$100 amounts or more.

## 5 3/4% Certificates of Deposit


We've lowered the entrance requirements and raised the rate from 5% on maturities of one year or longer. These Certificates are issued for \$500 or more. Two year Certificates now earn 5 3/4%.

Let us safeguard your money for one year, and we'll pay you 5 1/2% quarterly. These new rates are effective immediately.

## 7 1/2% Certificates of Deposit

Large deposits — \$100,000 or more — now earn 7 1/2% if left with us a year. The interest rates on these Certificates range from 6 3/4% to 7 1/2% depending on their maturity. These represent an increase of 3/4% to 1 1/4% over previous rates.

Whatever Personal Choice Savings plan you choose, Bank of America has your best interest in mind.

**BANK OF AMERICA**   
for the business of living

BANK OF AMERICA • N.T. & S.A. Member FDIC

# LSD

LSD ("ACID") is a synthetic chemical compound: d-lysergic acid diethylamide.

It is one of the most popular drugs in the underground drug cult today.

Its direct effect is rarely fatal and apparently not physically addictive. But, its effect on the mind is entirely unpredictable.

It is an hallucinogen... It can be a psychedelic that takes the mind on a "magical mystical" trip. Or...

It can create a mental disaster, resulting in panic, psychosis or depression that can remain or flash-back long after the initial effects of the drug have worn off.

Its effect on animal and human chromosomes and genes is still unknown.

No one can be sure how any given amount will affect any one person at any one time, even in the most apparently stable subject.

### Why was LSD developed, how is it obtained?

LSD was first produced by accident in 1938. Subsequently, it has been used as a research drug in several areas including the study of psychoses. It has provided new insight into psychological behavior and in understanding how the brain functions chemically. However, the Food and Drug Administration has not sanctioned LSD for anything other than research. Use for any

other purpose is illegal. Yet, an illicit product, often found to be questionably synthesized and mixed with other compounds or drugs, is widely available.

### How is LSD taken?

Because LSD is so potent, (4,000 times more potent by weight than naturally grown mescaline and psilocybin) it can be "dropped" in a variety of ways. When diluted, LSD may be taken by ampule or hypodermic, but these two methods are rarely used. The white powder or clear liquid in purer form is far more potent. Dangerous, pinhead-sized amounts of the tasteless, odorless drugs are easily concealed in sugar cubes, chewing gum, even postage stamps.

### What can happen when you "drop" LSD?

Reality can dissolve. Time and space relationships can be lost. One may "hear" colors or "see" sounds. A feeling of "total wisdom" and "new insight" may wash over the user, altering his perception of surroundings. The user may feel relaxed, extremely self-assured, and powerful or he may become anxious and apprehensive. He might feel he can stop a freight train with his body... or, want to jump out a window, "a bird frightened to flight".

Short-term physical effects include an increase in blood pressure,

heart rate and blood sugar. There is the possibility of nausea, chills, irregular breathing, sweating and trembling of the hands. Sleep will likely be deferred until the drug's effect wears off. Pupils will probably be dilated. Users will often have to protect their eyes with dark glasses even indoors or at night.

Long-term effect includes loss of interest in normal daily routines. The user may leave family and friends, become highly introspective and live only for the next "trip".

### Who are drug abusers and why?

Curiosity, desire to experiment, dissatisfaction with "the establishment" and a search for a pleasurable release from a variety of physical and mental pressures and depression are all factors leading to drug abuse. In what has become a "pill-taking" adult society, young people are particularly vulnerable. They are more often introduced to drugs by friends than outsiders and it's pretty hard to refuse a friend. It's harder still to resist a group. The problem is, as psychologists cannot predict which social drinkers will become alcoholics, there is no sure test for spotting a potential drug abuser. However, repeated use may eventually lead to a psychological dependency on drugs that can't be broken.

LSD. It can be a psychedelic that takes the mind on a "magical mystical" trip. Or,...

It can create a mental disaster, resulting in panic, psychosis, or depression that can remain or flash-back long after initial effects of the drug have worn off.

Think about it.

*Drug Abuse is a problem. Get the facts. Once you have the facts, see that those who need them get them. For more information, contact:*

**Drug Abuse Information**  
693 Sutter Street  
San Francisco, California 94102